



## 1.1 PRESENTATION - VENUE – UNIFORM

Competitor must perform Kata in full karate uniform in his/her **OWN** - colored belt.

- a) No socks or any type of footwear is allowed except for Para Categories.
- b) No background music or any loud sounds are allowed during performance of the kata, except in Free Style forms where Music can be used.
- c) Jewelry, bandana, or headbands are NOT allowed.
- d) Environment for kata performance can be:
  - Inside or outside the house
  - In a dojo
  - Garage
  - Countryside
  - Or on any flat ground without any slopes.

Surfaces which are **NOT** allowed: Sand, sea, snow, tall grass, rocks, fluffy carpets, or any type of surface that interferes with body movement or which obstructs the view of both feet and ankles.

## 1.2 ROUNDS - CATEGORIES - CHOICE OF KATA

**Individual Categories/ Pairs/ Teams** – Viewed from website Main Menu MEDITERRANEAN OPEN 2021

1. In **ALL STYLES** (Kobudo, Mainstream Karate, Kung Fu, Wushu, Taijiquan, Asian Styles Categories) there is only **1 ROUND**, therefore, each competitor needs to submit **only 1 VIDEO** per category.

- a) Winners will be the first 4 places.
- b) Choice of kata (Mainstream Karate)
  - Up to 7<sup>th</sup> kyu - SHITEI
  - 6<sup>th</sup> kyu - 4<sup>th</sup> Kyu - SHITEI / SENTEI
  - 3<sup>rd</sup> kyu above - SHITEI / SENTEI / TOKUI
- c) Other Styles - Free Choice





## 2. KOBUDO

1. **Submit ONE Kata Video per category. Any choice of Kata, as long as choice of weapon matches the category entered.**

## 3. PAIRS CATEGORIES

- a) 1 Round
- b) Choice of Katas: **SHITEI, SENTEI or TOKUI** (Link on [www.mka-karate.org](http://www.mka-karate.org) from MEDITERRANEAN OPEN 2021)

## 4. PAIRS CATEGORIES - SELF DEFENCE APPLICATION

1 Round (Only 1 Video is needed)

## 5. TEAM CATEGORIES (With or Without Bunkai)

1 Round (Only 1 Video is needed)

Choice of Katas: **SHITEI, SENTEI or TOKUI** (Link on [www.mka-karate.org](http://www.mka-karate.org) from MEDITERRANEAN OPEN 2021)

## BUNKAI SECTION

- Duration of **BUNKAI** must **NOT** exceed 5 minutes.  
Competitors may wear the same-colored belt

All Categories may be viewed on the website menu "MEDITERRANEAN OPEN 2021" on

[www.mka-karate.org](http://www.mka-karate.org)





### 1.3 PARA CATAGORIES

**Individual Categories – Viewed from Website menu MEDITERRANEAN OPEN - Category range number starting from 301.**

- a) 1 Round - Free Choice of Kata from **SHITEI, SENTEI & TOKUI.**
- b) First 4 places will be awarded Winning Medals. All other Participants will be awarded a token Bronze Medal.

### 1.5 VIDEO OF KATA

Only **ONE** Kata per Video entered is allowed.

- a) Videos of kata taken during competitions are **NOT** allowed and will be **Disqualified.**
- b) Videos must be uploaded on the website during Registration; that is; **From 15<sup>st</sup> November till 28th November 2021.** Follow the easy steps provided when **ONLINE** Registration is open.
- c) Kata must be video recorded **HORIZONTALLY** (mobile phone); that is; in Landscape view, from in front of the competitor and at a **height** at which the whole competitor's body including the whole area where kata is to be performed is always clearly visible.
- d) The MEDITERRANEAN OPEN will be live streamed on the **11th of December and 12th December 2021.** A good internet connection is very important on this day.
- e) Size of KATA VIDEO must **NOT** exceed 200 MB (except for the Kata with BUNKAI for TEAMS Categories) otherwise YOU need to compress it to reduce to the mentioned size **BEFORE** uploading.

### 1.6 ONLINE KUMITE

- a) Each competitor must submit **2 Videos** performing **NON-STOP KUMITE techniques.**
- b) From **START to FINISH**, the video must **NOT** be less than 25 seconds duration and **NOT** more than 35 seconds.
- c) If VIDEO is **LESS** than 25 seconds or **MORE** than 35 seconds, competitor will be disqualified.
- d) The 2 VIDEOS must be as follows:





- (i) **One video:** competitor must wear **Red Gloves** and **Red belt**.
  - (ii) **Other Video:** competitor must wear **White Gloves** and **White belt** OR **Blue Gloves** and **blue belt**.
- e) SYSTEM is on a **KNOCKOUT** basis.
- f) The Video with the **HIGHEST SCORE** will pass to the next round.
- g) In these few seconds, points will be given according to **MKA KUMITE ONLINE CRITERIA**, so, the competitor must show skill in using his/ her hands, feet, a mixture of both hands and feet, coordination on techniques and movement on tatami, zanshin (focus), and all other criteria usually observed during normal kumite with opponent. Skill in using both sides of the body is also evaluated.
- h) Refer to **ONLINE KUMITE Video** in **PROMO SECTION** of the MEDITERRANEAN OPEN 2021.

## 1.7 FEES - REGISTRATION - MEDALS

### a) Participation Fees for **NON MKA Affiliates**.

MKA Members will automatically get Discounted Fees on ALL Events, when doing Online Registration. (Link on [www.mka-karate.org](http://www.mka-karate.org) from JOIN MKA)

- Eur 20 per Category **INDIVIDUAL**
- Eur 25 per Category **PAIR**
- Eur 35 per Category **TEAM**

Payment can be done during Registration via **Revolut, Pay Pal** or **Bank transfer**.

### b) During Registration, For **BOTH KATA** and **KUMITE**, competitor will be asked to Upload:

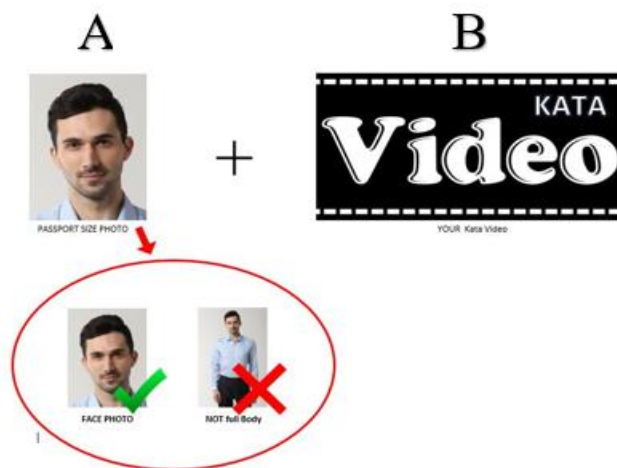
- I. 1 Profile picture - face photo (close-up) – which will be displayed **ONLINE** for all the public to see.





- II. 1 Kata Video for EACH CATEGORY – EACH VIDEO NOT exceeding 200 Mbytes.
- III. In the case of ONLINE KUMITE Categories, 2 separate videos for each category must be submitted for each category as explained in SECTION 1.5 above.
- IV. For BUNKAI TEAM CATEGORIES ONLY, Video can exceed 200 MB.
- V. Profile picture as explained here :

### Profile Picture is Applicable to all Categories



- A Digital Diploma for Participation will also be sent to all competitors.
- Unique Medals will be awarded and delivered to the first 4 places in each Category, by not later than 3 weeks after the Championships (Delivery expenses; excluding Express Service; will be paid by MKA).
- Instant Results and Classifications will be available in Real Time on the day of Live Streaming on the MKA Online Platform.

## 1.8 RECOMMENDATIONS - VIDEO - BETTER PERFORMANCE

- a) Karate full uniform includes a white t-shirt/ crop top for the girls/ women underneath the jacket, otherwise points will be deducted.
- b) Belt is to be tied neatly with equal lengths in front and not too long, that is, NOT below the knees, otherwise points will be deducted.





- c) Video is better visible if taken with the light source from behind the camera; that is; facing the competitor. Light bulbs from ceiling are fine if they are not behind the competitor.
- d) Videos taken too far away from the competitor will be a great disadvantage for the competitor him/ herself.
- e) Videos with high resolution provide a clearer performance of the kata but might cause problems during UPLOADS. Therefore, IT IS VERY IMPORTANT to compress the video to under 200 Mbytes before uploading for Registrations.
- f) Videos are best taken from a fixed place (on a stand/tripod etc) without any movement as movement may interfere with the judging of the direction of kata sequence, direction and focus of techniques, balance, stability, and co-ordination (all criteria to be assessed).

Competitors & parents must keep in mind that videos of kata performance and the points awarded will all be viewed by the public ONLINE and may also be used for the promotion of the event see Term and Conditions.

